



## **GOOD CITIZENSHIP CERTIFICATION**

It is important that all aikido students strive to demonstrate, both on and off the training mat, the Seven Pillars of Bushido (the Samurai Code of Proper Conduct): Courtesy, Loyalty, Compassion, Bravery, Honor, Right Attitude, and Sincerity. Being of service to others in the family and community is one way of demonstrating an understanding of Bushido. In order to be eligible to test for rank advancement, the aikido student must complete the form below and give it to one of your aikido Sensei for review (a parent may help you complete the form).

1. Describe how you have helped your family around the house:

-- Regular household chores: \_\_\_\_\_  
\_\_\_\_\_

-- Special projects with your family: \_\_\_\_\_  
\_\_\_\_\_

2. Describe the good deeds you have performed:

-- For family members: \_\_\_\_\_  
\_\_\_\_\_

-- Volunteer activities outside the home (community, school, civic, charitable, religious, environmental, etc.): \_\_\_\_\_  
\_\_\_\_\_

3. Optional: Describe any other activities or deeds which you feel your Sensei should know about? \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date