



DOJO SERVICE REQUIREMENT

The vision of Aikido created by O'Sensei encompassed more than the use of technique for purposes of self-defense. Aikido training can also be a vehicle for personal growth. Diligent practice helps us discover our own energetic "center," our foundation. Finding our center allows us to connect with our ukes on the mat, with others off the mat, and with our larger community. With that ideal in mind, and consistent with our mission as a non-profit organization, service to our dojo community is appropriate. Adult students will need to satisfy the following Service Requirement in order to be eligible for rank advancement:

<u>Current Rank</u>	<u>Requirement to Test for Next Rank</u>
5 th kyu	1 hour per month
4 th kyu	1 hour per month
3 rd kyu	1 hour per month
2 nd kyu	2 hours per month
1 st kyu	2 hours per month
Shodan and above	2 hours per month

How to Satisfy the Service Requirement

1. Help on the mat during kids classes.
 - (a) Kids classes are held from 6:00--7:00pm on Monday through Thursday. Advanced Kids Class is held on Saturday mornings at 9:00am. You will help the instructor manage the class and perhaps demonstrate technique. Our current line-up of instructors includes Bob Hodge Sensei, Simone Maranto Sensei, Derek Duval Sensei and Robin Johnson Sensei.
 - (b) Our ASAP kids program is taught by Simone Maranto Sensei from 4:00-6:00 pm Monday through Friday. Duties would be the same as above.
2. Administrative Help.
 - (a) Input student data in our database.
 - (b) Make photocopies and brochures.

New Dojo Service Requirement
Page 2

- (c) Front desk phone answering, greeting visitors, taking payments.
 - (d) Putting up and taking down the new Roswell Budokan banner in front of Wells Fargo on weekends.
3. Aikido Demonstrations and Programs.
- (a) If asked, participate in demos at schools and community events.
 - (b) Attend demos to help with mats, set up tables and marketing materials, discuss aikido with visitors, etc.
4. Seminar Organization.
- (a) Assume responsibility for transportation of guests, planning and execution of training table and group dinners, washing of visitor uniforms, taking out the trash, clean-up, etc.
5. Dojo Maintenance.
- (a) Activities beyond the usual required Dojo Clean-Up days. For example, clearing out underbrush in yard, laying down pine straw, etc.
6. Publicize Dojo Events and Programs.
- (a) Distribute flyers and brochures for ASAP, Summer Camp, Women's Self-Defense, BudokanFest, etc.
 - (b) Active participation in using social media tools to publicize Roswell Budokan.
7. Other Activities: We are open to your suggestions for community service projects.

Thank you for your help in making Kyushinkan Dojo (Roswell Budokan) a unique place to train.

Michael D. Goodman
Dojo Cho