

Children's Aikido Weapons Curriculum

Kyushinkan Dojo
Aikido Association Atlanta/Roswell Budokan
(Effective 1/1/15)

Teaching Blocks and Purpose

The Children's Weapons Curriculum is divided into 12 separate teaching Blocks. The focus of this class is weapons kata, both solo and paired. Bokken dori, jo dori, tanto dori and jo nage will not be taught in this class. Each teaching Block will be approximately eight (8) weeks long depending upon teachers' assessment of class progress. Special "weapons achievement" testing and recognition will be offered upon completion of each block. Test candidates will be evaluated upon their ability to demonstrate proper kata: form, posture, breath control, sequencing, clarity, and awareness ("zanshin").

Class Participation and Attendance

To insure safety and sincerity of practice, children's weapons class is by invitation only. Minimum age is 9 years old. Students must attend at least 75% of weapons classes to be considered for achievement testing.

BLOCK 1

Bokken Kamae

Bokken Suburi (Saito Sensei's 7 shomenuchi, plus our yokomenuchi, gakyuyokomenuchi, slide tsuki, and step tsuki)

Happo Giri

BLOCK 2

Jo Kamae

Jo Suburi (Saito Sensei's 20)

BLOCK 3

Walking Bokken suburi (solo and paired)

Bokken Kata 1

BLOCK 4

Walking Jo suburi (solo and paired)

Jo Kata 1

BLOCK 5

Bokken Kata 2

Bokken Tai Sabaki

BLOCK 6

Jo Kata 2

Jo Awase

BLOCK 7

Kumitachi 1-6

BLOCK 8

Jo Kagrami 1-5

13 Jo Kata

BLOCK 9

Kumijo 1-5 (plus variations)

BLOCK 10

31 Jo Kata (solo)

31 Jo Kata (paired)

BLOCK 11

Kumijo ken 1-5

BLOCK 12

Jo Bokken Awase

Bokken Jo Kata 1